

volume : 2

issue : 1

year : 2021



الجمعية الليبية للغذاء والتغذية
Libyan society for food and nutrition

libyan journal of food & nutrition



An Annual Scientific Journal Issued by the Libyan Society for Food & Nutrition Tripoli - Libya



**Peered Periodical Journal Issued by the Libyan Society for
Food and Nutrition**

2nd Year, Volume (2), Issue (1).

December 2021

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ISSN:2788-7340 Online

ISSN:2788-7332 Copy

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EDITORIAL FOREWORD

Praise be to Allah who taught man what he never knew and may the blessings and peace upon the most honored of messengers. The Libyan Journal of Food and Nutrition launched two years ago, and which founded under sponsorship of Libyan Association of Food and Nutrition which has been established by a decision of Libyan Scientific Research Authority number 15 for the year 2009 under declaration Number 100 as a scientific research Association. It is pleasure for the Journal Editorial Board to put in your hands the second edition of Libyan Journal of Food and Nutrition and we hope this edition will get satisfaction of our readers and good admiration; and we pray to Allah almighty to help us to serve more science and spreading knowledge ;and We thank everyone who helped us publish this issue .We present this issue which include studies in the field of food and nutrition which could constitute an important link in the research chain for the valued readers to deepen their knowledge and support the sources of their research especially it is issued in the form of an electronic journal , which allows it, Allah willing ,a wider spread and faster interaction among researchers and honorable readers. We hope from honorable researcher who are willing to publish their research in the journal in Arabic or English language in its next editions should select it in terms of quality and should be written according to the research writing guide for this journal and feel the role they play; knowing that the scientific research accepted for publication is subject to evaluation and arbitration, and is also subject to the conditions of normal publication in international scientific journals. This journal has special page on the internet ,through which it can present research and communicate with the editorial board .And in order to keep pace with the latest developments at the levels of scientific journals, some members of the journal's editorial board participated during this year ,participated in the workshop on the new slate through the Zoom application on date 6\2\2021 in which everything related to the new regulation for the accreditation of journals was reviewed and clarified ,and all questions were answered in particular. Also, participation in the interactive meeting on the Libyan platform for referred scientific journals was attended, which was held on 14 \12\ 2021 via zoom application. I, and the members of the editorial board, are pleased to extend our thanks to all researchers whom their researches were accepted in the second volume, and the researchers whose publications who were not able to publish and who wrote for purpose of subscribing or obtaining the first issue. Finally, I would like to extend my thanks and gratitude to everyone who contributed and worked to publish this issue.

Dr. Ahmed Ashour Ahmed;
Editor-in-Chief of the journal

INSTRUCTIONS FOR AUTHORS

1. The number of pages of the article shall not exceed a maximum of (20) twenty pages, including the list of references, figures, tables and appendices. Except in exceptional circumstances estimated by the editorial board of the journal.
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3. The number of abstract words in Arabic shall not exceed 250 words, and in English language shall not exceed 300 words as a maximum. Key words range from four to seven (4 - 7) words.
4. **An abstract in English** shall be attached to the research presented in Arabic, provided that the translation conforms to the Arabic abstract, and for the research submitted in the English language, **an abstract in Arabic shall** be submitted with it in conformity with the English language summary (including the title of the paper and names of the authors and their Affiliation).
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6. The main title of the research **16 Bold** in the middle, the names of the authors **14 Bold** and their affiliation (12) not Bold. The name of the corresponding author, along with his phone number and E-mail address should be written at the bottom of the abstract.
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8. Only the method of **(Harvard) or (American Psychological Association) APA** of References style is used in writing references or referring to them within the research. Provided that the number of references shall not be less than 5 and not more than 30 references, except in special cases determined by the editorial board of the journal.
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 - When the research is accepted for publication, the researcher (s) signs the transfer of all property rights related to the research to the Libyan Society for Food and Nutrition.

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