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## EDITORIAL FOREWORD

Praise be to Allah and Peace be upon his apostle Mohammed;

It is our pleasure to publish the First issue of the Libyan Journal of Food and Nutrition by the Libyan Society of Food and Nutrition which was established since 2009 by the Authority of Natural Science Research and Technology.

Notably; the society was unable to hold the first international conference on food and nutrition in June 2020, which was postponed until October to coincide with the celebration of World Food Day (October 16<sup>th</sup>) and postponed to another date that has not yet been determined due to the coronavirus pandemic. After consulting with the, contributors, sponsors and organizers of the conference, the preparatory committee of the conference and the editorial board of the journal decided not to pending research papers accepted for presentation in the proposed conference; but to be published in the first issue of the journal as a special issue of the proceedings of the conference.

Therefore; this is the first issue of the Journal for Food and Nutrition in Libya, which we offer to our readers, hoping to find it a helpful source for what they are seeking or for extending and reaching outside. In the light of the mission and objectives of this Journal, we hope that it will be a support for scientific research and a platform for researchers in food and nutrition.

Since most Arab researchers, especially Libyans, used to publish their scientific research in foreign journals published in Arabic or English, they do contribute to the scientific production and dissemination of knowledge. Therefore, one of the objectives of this journal was to promote the activities of scientific research and publishing it among those who were aimed and in their language so that it can be viewed and applied. In this occasion, we can only express our sincere thanks and gratitude to the Chairman of the Board of Directors of the Society, the President of the Conference, the members of the Board of Directors, the Chairman of the Scientific Committee of the Conference, the Chairman of the Preparatory Committee and the Editorial Committee of the journal for their efforts and dedication. We also pay tribute and respect to all members of the preparatory committee of the conference and the advisory committee of the journal and the reviewers for their efforts and time that has had a great impact in the preparation and publication of this first issue of the journal.

At last, the editorial board of the journal invites all researchers and those interested in food and nutrition issues to interact with what is published in this journal and contribute to the revitalization of the scientific research and its publication to reach all institutions in order to achieve its application and benefits.

Dr. Ahmed Ashour Ahmed;  
Editor-in-Chief of the journal

## INSTRUCTIONS FOR AUTHORS

1. The number of pages of the article shall not exceed a maximum of (20) twenty pages, including the list of references, figures, tables and appendices. Except in exceptional circumstances estimated by the editorial board of the journal.
2. The words of the title of the article do not exceed twenty (20) words, including the main and secondary title, and are not less than five (5) words, so that the title expresses the search and is not short until it is not understood or is not long until its meaning is lost.
3. The number of abstract words in Arabic shall not exceed 250 words, and in English language shall not exceed 300 words as a maximum. Key words range from four to seven (4 - 7) words.
4. **An abstract in English** shall be attached to the research presented in Arabic, provided that the translation conforms to the Arabic abstract, and for the research submitted in the English language, **an abstract in Arabic shall** be submitted with it in conformity with the English language summary (including the title of the paper and names of the authors and their Affiliation).
5. The research shall be submitted written in Arabic or English and printed using Microsoft Word, with one spaces and in **(Simplified Arabic) font**, size 14 for Arabic searches, and in Times New Roman, with one spaces, and size 12 for English searches on A4 paper and send it as an electronic copy (Word file) to the E-mail of the journal.
6. The main title of the research **16 Bold** in the middle, the names of the authors **14 Bold** and their affiliation (12) not Bold. The name of the corresponding author, along with his phone number and E-mail address should be written at the bottom of the abstract.
7. Main headings **14 Bold** on both sides of the paper from the right in Arabic and to the left in English. Subheadings **12 Bold** on both sides of the paper, from the right in Arabic and on the left in English (**non-numbering**). All text in the paper must be 14 normal in Arabic and 12 normal in English with the same font type showed previously, with 1 space between the lines.
8. Only the method of **(Harvard) or (American Psychological Association) APA** of References style is used in writing references or referring to them within the research. Provided that the number of references shall not be less than 5 and not more than 30 references, except in special cases determined by the editorial board of the journal.
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  - a. The dot (.), the semicolon (;), the hyphen (:), the exclamation point (!), the question mark (?), the dash (-)
  - b. Quotation marks (“ ”), regular parentheses ( ), square brackets [ ], and removed text (....) and the join sign (-).
10. Figures and tables are placed in the body of the research directly after referring to it in the text, and so on. Tables are arranged and placed appropriately with text centered inside table cells (with no shadow at any row or column and text size not less than 10 or more than 12 (especially

tables that need to change the **page position to landscape**) and the title is written above the table so that the journal editorial board can properly output the journal. And control of distances (especially the prescribed page margins). Figures are preferred to be drawn using the Excel software to be labeled (at the **bottom of each figure** and not inside it) and numbered with text font size as shown in tables.

11. Conclusions: The number of its words does not exceed 100 words in one paragraph.
12. Thanks and gratitude (optional): Thanks are given to everyone who has supported in research or writing in terms of financial support, printing, and non-essential suggestions. The number of its words does not exceed 50 words.
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  - The article does not violate the rights of others.
  - Everyone mentioned his name as the author of the article has participated in an effort according to the scientific foundations of rights.
  - When the research is accepted for publication, the researcher (s) signs the transfer of all property rights related to the research to the Libyan Society for Food and Nutrition.

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